

# March

## Moody Civic Center Group Fitness Calendar

# 2021

\$2 per class for all Civic Center Members  
 \$5 per class for all Nonmembers  
 Class Cards are for Members only \$30 for 20 visits

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 10:30: Silver & Strong 5:30p: Spin (Maggie) 6:30p: Yoga (Maggie)	3 5:30p: Yoga (Maggie) 6:30p: Tabata	4 10:30 Silver & Strong 5:30p: Spin (Hunter)	5	6
7	8	9 10:30: Silver & Strong 5:30p: Spin (Maggie) 6:30p: Yoga (Maggie)	10 5:30p: Yoga (Maggie) 6:30p: Tabata	11 10:30 Silver & Strong 5:30p: Spin (Hunter)	12	13
14	15	16 10:30: Silver & Strong 5:30p: Spin (Maggie) 6:30p: Yoga (Maggie)	17 5:30p: Yoga (Maggie) 6:30p: Tabata	18 10:30 Silver & Strong 5:30p: Spin (Hunter)	19	20
21	22 5:30p: Yoga (April)	23 5:30p: Spin (Maggie) 6:30p: Yoga (Maggie)	24 5:30p: Yoga (Maggie) 6:30p: Tabata	25 5:30p: Spin (Hunter)	26	27
28	29 5:30p: Yoga (April)	30 10:30: Silver & Strong 5:30p: Spin (Maggie) 6:30p: Yoga (Maggie)	31 5:30p: Yoga (Maggie) 6:30p: Tabata			

### Civic Center News & Updates:

- **2021 Classes: Silver & Strong, Spin, Tabata, and Yoga**
- **Please call to reserve your spot for all evening classes on the day of class. Class space is limited due to class size restrictions.**
- **Open Paint with Awake My Soul Studio – March 18<sup>th</sup> at 5:30 – Contact Chris Barentz to reserve your spot at 205-914-5987.**
- **Moody High School \$10,000 Giveaway – April 17<sup>th</sup> at 5:00 pm**
- **Room rentals are available at 50% capacity.**
- **Check us out on Facebook!!**  
[www.facebook.com/moodyalabamaciviccenter](http://www.facebook.com/moodyalabamaciviccenter)

### Civic Center Instructors

Silver & Strong: Trish Kelly  
 Spin: Maggie Tucker & Hunter Wallace  
 Tabata: Maggie Tucker  
 Yoga: Maggie Tucker & April Cook

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